

H&I Meeting Format

REVISED: 2/01/2018

Hi, my name is _____ and I'm an addict. Welcome, this is an H&I meeting. H&I stands for hospitals and institutions. We are here to present NA to people who are limited to our outside meetings. We are not affiliated with this facility, our area's H&I subcommittee has allowed us to bring this special meeting to present Narcotics Anonymous. This is an example of an NA meeting and not an actual NA meeting.

Can we please have a moment of silence followed by the WE version of the Serenity Prayer?

We have asked someone to read:

1. **Who is an Addict?**
2. **What is the NA Program**
3. **How it Works**
4. **Why are We Here**
5. **We Do Recover**
6. **Just For Today Daily meditation (if available.)**

Thank you to all who have read:

Narcotics Anonymous makes one promise, Freedom from active addiction. Our message is that any addict can stop using, lose the desire to use, and find a new way to live.

Let's go around the room and introduce ourselves starting on my right.
(At chair's discretion)

We please ask that you respect each other and not talk over one another. Please raise your hand to speak, when we get to the discussion and question portion of the meeting.

We will now open the floor for discussion and questions on anything that we have read, the NA literature, what was shared by the speaker(s) or the NA program.

We have come to the end of our meeting; there are free Information Pamphlets and Meeting schedules available for the taking.

We've asked someone to read **Just For Today**

Please help us close the meeting with a group hug and prayer (of chairs choice).

